

Tell A Friend!

Marin City Senior Health Fair

Tuesday, November 19th

12:00 - 4:00 PM

Marguerita C. Johnson Senior Center
640 Drake Avenue, Marin City

Share a meal and hear about these resources for healthy aging at 55+

Schedule:

12:00 Music

12:30 Panel

- Active Adult Healthcare
- Mobility & Balance
- Financial/Elder Abuse
- Emergency Preparedness
- Companionship Programs
- Trust & Estate Law

1:30 Lunch

2:00 Outdoor Fitness Zone
Grand Opening

3:00 Food Pharmacy

Organizations:

2020 Census

A Matter of Balance

Covia

Healthy Eating Active Living/CalFresh

Lawyers in the Library

Marin City Community Services Dist.

Marin City Health & Wellness Center

Marin City Library

Marin Health & Human Services

Shore up Marin City

Tamiscal Student Volunteers

Voter Registration

YMCA Swimming program

YWCA: Fifty+



RSVP At: marincityseniors.eventbrite.com

